

GOALIE TRAINING

COUGARS

A brown cougar mascot is depicted in a crouching position, holding a hockey stick. The mascot is set against a blue and white triangular background. Above the mascot, the word "COUGARS" is written in a bold, grey, blocky font with a black outline.

Goaltending is a key element at every level of hockey, from in-house to travel teams. Because goaltending is such a crucial factor, the Cougars are offering a Goalie Training class in the spring and summer prior to Cougar travel team tryouts on August 1.

Time: Every Saturday from 2:45 - 3:45 pm.

Dates: Starts May 2 and runs through July 11. (No sessions on 5/9, 5/23 or 7/4)

Who: All Mite, Squirt & Pee Wee aged goalies, in-house and travel. Any team welcome.

We will have experienced goaltender instructors working stations to keep all participants involved and active, including live shooters working with the instructors.

How much does it cost, you ask? It's absolutely



Please register with Chris Hathaway at chathaway@icecenter.net

NO-LIMIT GOALIE CLINIC

In addition to the FREE Goalie Training classes, we are also working with No Limit Hockey to run a goalie clinic on July 18 and 19. The clinic will take place in our Cupertino rink and feature 8 hours of on-ice training supplemented by off ice video and analysis.

Complete details, cost and registration will be announced soon.

Saturday: 4:40 - 7:50 pm

Sunday: 8:15 - 10:45 am; 4:45 - 7:15 pm

